

Adaptation: Enough Already

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Audience reviews.

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AUDIENCE REVIEWS FOR ADAPTATION: ENOUGH ALREADY

Reviews from performances at Edinburgh Fringe Festivals, August 2023 & 2024, Universal Hall Findhorn, December 2023 and Jacksons Lane Theatre, London, March 2024.



Original and compelling in its quest to rethink social conventions.

Gabor Maté MD



If my parents had seen your play, I don't think they'd be divorced now.

25 year old Scottish man



Beyond brilliant!

Margaret Wheatley



Breathtaking.

Beth Dunlop



This was a powerful, moving, well observed show addressing a huge and important subject but with an incredible lightness of touch. Clever use of the band and the tech visuals created breathing spaces in between the serious message delivered by a phenomenal actress.

Martin Coen



What an incredibly emotive performance. I'm left speechless, emotional, and overwhelmed. To witness expression that is relatable on so many levels. Highly recommended for any woman navigating life. Highly recommended to any man who has a woman in their life! Thank you [Kathy] for holding the audience so captive and engaged with your performance. And thank you to the incredibly talented musicians.

Ranjna Narayan



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“

Adaption: Enough Already is a brilliantly creative and intelligent play. Bold and edgy, with sophisticated layers of sound and visuals, it dives into the inner world of women and smashes apart established norms. Powerful enough to change the world and shake us up into new ways of being!

Christine Lines

“

As a woman who has been raised to subconsciously people please and give my all for other people and never expect in return (especially to men) - this show was a wake up call to what that does to our physical and mental health. A truly heartfelt performance, clever writing, and amazing live music - this show was so inspiring and such a great time. Plus the projections were really cool.

10/10 recommend! Go see it!!"

Jennifer Kehl

“

A marvellous show, so layered and thought provoking.

The musical accompanists and vocals were beautiful. We were approached by the writer's son the day before while he was handing out flyers to the show and were so impressed by his excitement and passion for the show and his Mom, that we had to go meet the woman that raised such an endearing young man. A must see show that is destined to be produced on a much larger scale.

Lisa Jones

“

Wonderful show. I'm a fan of Adaptation [Charlie Kaufman's 2002 film], and there was just enough of an homage there to keep me entertained, but this is so, so much more. A tale of motherhood, of invisible heroes, of losing your own identity to everyday life. Amazingly delivered, with off stage elements, a live band, audience interaction. It's very close to being a masterpiece, and one of the best shows I've seen this year. Bravo.

Christopher Kelly



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This is an amazing show.

I was really affected by it. The theme is of course universal, however the writing, acting, performance by musicians and the audio visual accompaniment were blended to produce a high impact and accomplished show. The songs were particularly beautiful & moving. I loved this show and will go to any more of their shows next year.

Maggie Hayes

“

Brilliant presentation of a topic familiar to so many women struggling to balance demands of work, home and parenting. Thought provoking, entertaining. Enhanced by excellent visual and live musical effects. Have seen it 3 times and found something new in each riveting performance.

Eileen Griffith

“

As a straight, white, middle-class teenage boy I completely endorse this show! Taught me lessons about life, living, trust and put into perspective my own upbringing so far and the burden women have to live with whilst trying to uphold everyone else around them. Goosebumps the entire time. A poignant and touching story told by an incredible actor, playing a well-written character.

I will not forget this experience for a long time.

William E.

“

Learned a lot from watching this. Left feeling exhausted from the emotional rollercoaster and empathising with quite how tiring life can be for women. Incredible, excited to see where this show goes from here. Lovely music as well, really complimented it.

Robbie



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A brilliant performance capturing the daily grind women can face.

Indeed Enough Already! An emotional rollercoaster performed superbly by the talented Kathy Owen and the band members, whose musical accompaniment made the performance engaging and different. The performance touched a nerve, taking me back to a recent time. The raw emotion was palpable, Kathy gave so much gravitas to her character, I was moved. The last scene was beautifully uplifting, reclaiming what made her happy. This is a must see! A play touring nationally or a TV drama.

Thank you Sam Graham for having the courage to gift this to us all; real food for thought for the modern woman, the men and children in their lives.

Jennifer Marvaree-Robinson

“

Absolutely brilliant play! I knew it would be relatable from reading the description, but was blown away by the emotions, music and the quality it was delivered with. Highly recommend to anyone who feels like the world is too much sometimes, or those who are feeling lost. Thank you!

Lena

“

One of the most challenging things to do in a one person show is to transcend its writer's and or performer's catharsis. Adaptation does just that. Through its raw and honest exploration of a lived experience it achieves universality through specificity. The show is ostensibly about a woman's experience but that experience is applicable to all souls a part of our flawed human systems. Come for the deep feeling, leave brimming with even deeper understanding and despite it all, optimism.

Teo DiLoreto

“

A brilliant and thought-provoking show, backed by research, with amazing acting and a great storyline. The fantastic live music adds so much to the experience. It really speaks to women and those who care about them. I highly recommend it!

Olya McIntosh



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“ This show brought tears to my eyes as I recognised myself and most (all?) of the women I know in its honest depiction of a woman expected to be the main parent, the domestic goddess, the household manager, the dog walker and the locator of everyone's mislaid possessions in the home (oh, did I miss anything out?!), as well as holding down a demanding full time job.
I loved the music, and I wanted to cheer out loud when Tilda finally.....
[spoiler alert! you'll have to come and see the play.]

Jo Cameron Duguid

“ Excellent and thought provoking. A wonderful show for anyone who is, or knows, a woman. A strong yet gently presented treatise on feminism and what life is like inside the minds of all us multi tasking girls. I left with a deeper empathy for my own mother. And truth be told - sorta happy I never had kids of my own.

Randal Richmond

“ Amazing show! I didn't know what to expect and was very pleasantly surprised. Go see this show!! I could not stop smiling throughout it as it is so creative. This artist created a show that introduced us to her private thoughts in such an engaging way. Her inner monologue is very self-deprecating, like all of ours, scolding ourselves for not living up to some insane set of out of reach standards. The original music as well as the musician/singer was wonderful. I loved her voice and her musical abilities. The artist introduced herself personally, off stage, as genuine. Bravo!

Tony Pupo

“ Oh My Goodness, I laughed, I cried, relevant & relatable, you will forget your at the theatre & think you've gone to therapy, I loved it, I loved it!

Sarita Preskitt



AUDIENCE REVIEWS FOR ADAPTATION: ENOUGH ALREADY

“ Phenomenal performance. Thought provoking, insightful and heartening. Would 100% recommend this show.

Angela Forbes

“ You’ve turned a complex, revolutionary area into an experience - which is where it needs to be.

Anonymous

“ Bravo! This is brilliantly put together. Thank you.

Anonymous

“ This was one of the most amazing plays I’ve ever experienced. So sophisticated, so creative, so real, so deep, so bold. Poignant and engaging.

Anonymous

“ Highly engaging and so skilfully crafted. I loved it.

Anonymous

“ Fun, original and educational! Fantastic.

Anonymous

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“ Brilliant - totally relatable, opportunity to laugh at yourself, cry for yourself and loved ones. A very expressive written performance with brilliant dramatic effects from accompanying music, visual graphics and use of props. Prompts reflection on how much pressure is placed on women/mothers/wives to conform to social expectations, and then the curve ball of how to handle....

[spoiler alert!]

Ruth/Bex/Stacy

“ Please go and see this show. I did and it was very special. For a whole hour+ the actress on the stage was the only person I wanted to watch and the musicians accompanying her were the only musicians I wanted to listen to. Excellent.

John Irvine

“
What will your review say?.....

